

# IAHD

Embracing Families, Enriching Lives



October 2, 2023

# IAHD's HISTORY



# IAHD MISSION

We are committed to positively impacting the lives of people with intellectual and developmental disabilities, and their families.

Our focus is to understand and respect each person's unique strengths, qualities, and dreams to find ways to support the building of fulfilled lives.





# IAHD makes a difference every day - HOUSING

IAHD provides safe, person-centered, and inclusive community housing options for adults with Intellectual and Developmental Disabilities to about 300 individuals throughout the Bronx and Westchester. We offer:

- Activities of Daily Living (ADLs)
- Advocacy
- Cooking, laundry, shopping, and errands
- Community engagement
- Dietary and nutrition planning
- Health management and medication administration
- Money management
- Recreation and social activities
- Travel and transportation



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## DAY PROGRAMS

- Vocational & Employment training
- Art therapy
- Aquatic therapy
- Cooking
- Etiquette
- Gardening
- Music
- Photography
- Videography
- Weaving







## Champions - Self Advocates

- The IAHD Champions
- Participate annually in Self-Advocacy for New York State (SANYS) meetings and advocacy
  - Travel to Albany to advocate for both the rights of those with disabilities and for direct support professionals
  - Recently received the 'Self-Advocacy Group of the Year' Award from SANYS
  - Meet weekly to discuss ways to continue to support each other
  - Participate in supporting the local community, e.g., fundraised to help incoming migrants



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## IAHD Employees

- 700 employees
- Direct Support Professionals (DSPs)
- Fresh Fruit Fridays
- Staff Appreciation Day
- Family Support Conference





CQL | The Council on  
Quality and Leadership

IAHD received Person Centered Excellence (PCE) Accreditation from the Council on Quality and Leadership (CQL). This internationally recognized designation affirms IAHD's ongoing quest to be aligned with and practice the highest standards in human services.